

	Monday	Tuesday	Thursday
<b>Times and teachers vary slightly by day.</b>	9:00 - 9:50 Conditioning/Warmup MICHELLE	9:00 - 10:30 Ballet Technique EMELIA	9:00 - 10:30 Ballet Technique CEYHUN
	10:00 - 11:30 Ballet Technique EMELIA	10:30 - 11:30 Variations (pre-pointe) EMELIA	10:30 - 11:30 Variations (prepointe) CEYHUN
	11:30 - 12:30 Contemporary/rep SHANNON	11:30 - 12:00 Stretch/recovery CEYHUN	11:30 - 12:00 Stretch/recovery EMELIA